

salt

**THE HOMEGROWN HOTEL
WITH A HUGE HEART**

FACTSHEET

Updated 09/16/19

FIND SALT OF PALMAR





THE BOUTIQUE HOTEL

- Zero single-use plastics.
- Zero food waste.
- Local suppliers only.
- Our own organic farm to supply The Restaurant (opening 2020).
- A curated collection of over 300 books mainly from Mauritian authors in our library and guest rooms.
- A guide book written by locals – This is Mauritius.
- Free high-speed Wi-Fi.
- Skill Swap Platform.
- Cultural immersion activities.
- Convertible car hire and local SIM cards.
- SALT Experience App - a mobile app to discover SALT of Palmar and Mauritius, and to be used as a digital room key.





SLEEP

- Carpe Diem bed, hand-crafted in Sweden in collaboration with acclaimed physiotherapists.
- Bed linens and towels made from 100% organic cotton.
- Balcony.
- Ocean-oriented rooms.
- Organic coffee robes.
- Wide selection of 95% natural, locally made toiletries in refillable containers.
- Roberts Radio.
- Dry amenities packed in stone paper.
- Homemade snacks and Moringa tea.
- Beach baskets handwoven in Mauritius using recycled plastic.
- Reusable 'We are SALT' aluminium water bottles that can be filled with still or sparkling water at the Nordaq Fresh station.
- Yogi Bare yoga mat and blocks.





59 ROOMS

12 GARDEN VIEW

Varying from 33.6 m² to 37.3 m²

Your view is the filao trees on the beach and the turquoise lagoon beyond.

- 2 adults
- 2 adults + 1 baby

14 POOLSIDE

Varying from 30.3 m² to 37.3m²

You're just seconds from the pool. It's a daily blessing. Grab a cooling midday dip or settle in for a serious lounge session.

- 2 adults
- 2 adults + 1 baby

28 BANG ON BEACH

Varying from 30.7 m² to 33.6 m²

You are above the beach's pristine sand facing east onto the Indian Ocean. Gently lapping waves will lull you to sleep and the sun rises right before you.

- 2 adults
- 2 adults + 1 baby

4 TWIN ROOMS

- 1 in Garden View
- 2 in Poolside
- 1 in Bang on Beach

2 POOL PLUS

47.1 m²

Big enough on space for additional beds and looking out over the pool, the beach and the sea from your private balcony.

- 2 adults
- 2 adults + 1 child or 1 baby

3 BEST ON BEACH

Incredible ocean views, great space and a double lounge on the outdoor terrace – this room that can accommodate three is a sunrise catcher's dream.

2 Roof tops (47.5 m²)

- 2 adults + 1 baby
- 1 room (38.2m²)
- 2 adults + 1 baby

ACCESSIBLE ROOM

1 room Bang on Beach

Note

Check in: 2pm / Check out: 11am

Baby: under 3 years old / Child: 3 to 11 years old

*Sea is visible from all Poolside rooms.

ROOM FACILITIES

SALT of Palmar	Garden View room	Poolside	Bang on Beach	Pool Plus	Best on Beach
Furnished balcony or terrace	●	●	●	●	●
King size bed	●	●	●	●	●
Twin beds (Available in 4 rooms)	●	●	●		
Homemade drink on arrival	●	●	●	●	●
Individual air conditioning	●	●	●	●	●
Bathroom with shower and separate toilet	●	●	●	●	●
95% natural toiletries	●	●	●	●	●
Bathrobe	●	●	●	●	●
Homemade cookies	●	●	●	●	●
Full length mirror	●	●	●	●	●
Magnifying mirror	●	●	●	●	●
Telephone	●	●	●	●	●
Complimentary fresh tea & coffee facilities	●	●	●	●	●
Safe	●	●	●	●	●
Hairdryer	●	●	●	●	●
Dyson Hairdryer				●	●
Free high-speed Wi-Fi	●	●	●	●	●
USB charging point & international plug points	●	●	●	●	●
Complimentary filtered water	●	●	●	●	●
Yogi Bare mat and block	●	●	●	●	●
Sedge slippers with cinnamon	●	●	●	●	●
Locally handmade Beach Bag	●	●	●	●	●
Roberts Radio	●	●	●	●	●
Netflix on Tablet				●	●
Sun protection cream				●	●

EAT & DRINK

The Restaurant

100 seats

(7:00 am - 10:30 am, 12 pm - 3:00 pm
& 7:00 pm - 10:30 pm)

À la carte

All our ingredients are freshly selected from local farms and co-operatives that support farming communities and sustainable farming methods, just as we do ourselves. It's better for our wellbeing, our soil and our future.

The Restaurant's chefs cook six ways – Wok, Tandoor, Grill, Smoke, Bake & Slow.

SALT Bakery

Bread and Viennoiseries displayed from 7 am to 10 30 am

This is where to find artisanal breads and pastries, slow-fermented and always straight from the oven. Our bakers unite the traditional flair of French breadmaking with the incredible flavours of Mauritian fruits. There's homemade nut butter, tropical jams, and seasonal marmalades. And there's our freshly-roasted, barista-brewed coffee blend (Brazil, Guatemala, Ethiopia) served 24 hours a day, 7 days a week.

Tea Time (4:00 pm - 5:00 pm)

MUR 750 per person

Tea is a Mauritian staple and tea time, a tradition that dates back to, well, a long time ago. Join us for an afternoon of storytelling, tea, coffee, and pastries.

SALT Farm (Opening 2020)

(12:30 pm - 3:00 pm)

Just five minutes from the hotel, our farm is our own source of freshly-picked ingredients. We grow mushrooms from coffee grounds and organic fruit and vegetables, harvest honey from our beehives, and grow herbs using hydroponics. Our rustic vegetarian restaurants connects you to the agricultural culture, and our farm workshops share the secrets of making delicious plant-based dishes. And beautiful green juices. Wellness talks, gardening classes, and yoga tuition (in our yoga hut) go hand-in-hand with it.

The Rooftop Bar

(11:00 am - midnight)

Our rooftop bar overlooking the ocean is the perfect, relaxed aperitivo spot. There's a dreamy selection of cocktails crafted by our bartenders who were inspired by the mountains of the island.

The Beach Bar

(11:00 am - midnight)

A hangout on the white sands of Palmar beach for freshly prepared Mauritian snacks and lagoon-inspired cocktails.

The Pool Bar

(07:00 am - midnight)

This is the place to sample all the best craft beers brewed on the island, and sip cocktails inspired by the places and ingredients found on the mainland.

REJUVENATE

SALT Equilibrium

The Spa (9:00 am - 8:00 pm)

- 4 treatment rooms (1 double & 3 single)
- Universal room
- Salt room
- Hydrolounge
- BodyMind retail corner

On the water

• **For free:** Kayak, snorkelling with a guide, aquagym, stand-up-paddle, pedal boat, SUP Board with Hobie Mirage eclipse, transparent-bottom kayaks and boats.

• **For a fee:** Speedboat or tube ride, scuba diving, kite surfing, big game fishing, catamaran, private waterskiing, Laser sailboat and windsurfing.

On land

- **For free:** gym, beach volley, beach soccer and yoga.
- **For a fee:** bicycles, electric bicycles, Mini Cooper hire car, authentic and exclusive immersive tours, sunrise yoga, sunrise beach jog, sunrise photo tour, and sunrise horse riding.

The gym

(6:00am - 8:00pm)

Our workout studio consists of cardio equipment, strength and fitness machines. Meet Jonathan, our national sprint champion, and Steward, bodybuilder champion, for fitness tips and personal coaching.

Raw

You will find delicious plant-based dishes, smoothies and beautiful green juices on our menu at The Restaurant for the perfect cure.

The Library

(Open 24/7)

Our library is packed full of the best Mauritius-related literature. Books celebrating our food, music, craft, culture, and nature.

We'll have it - your perfect holiday read.

OTHER SERVICES

- 24h in room dining*
- Free high-speed Wi-Fi throughout the hotel
- Laundry*
- Babysitting*
- Wedding*
- Private dining*
- Beach towels
- Hotel shop 24/7*
- Car rental*
- Private transfer/ Taxi Service*

* For a fee

CREDIT CARDS

- American Express
- Visa
- Mastercard
- Diners Club
- We Chat pay
- Maestro
- Union Pay